



Project e-Prevent

Understanding e-cigarettes and
their effect on Kentucky's youth

March 24, 2016

London Community Center
London, Kentucky

Southern Kentucky
AHEC
Area Health Education Center



**ROCKCASTLE
REGIONAL**
HOSPITAL ■ RESPIRATORY CARE CENTER

Agenda

Thursday, March 24, 2016

Objectives

At the end of this conference participants will be able to:

- Review the current evidence regarding the constituents and use of electronic cigarettes
- Discuss problematic nicotine addiction issues associated with cigarette use
- Analyze current research on the health effects of electronic smoking devices and policy recommendations from medical and scientific authorities
- Discuss the latest findings from the CDC and recently collected local data
- Discuss E-cigarette laws and enforcement
- Define 100% tobacco free schools and what the policy dictates

Target Audience

Physicians, PA, FNP, NHA, Nurses, Respiratory, Pharmacy, Radiology, educators, school administrators, policy makers and community members

Notice

-Presentations and speakers subject to change.

-Southern AHEC would be pleased to assist you with any special needs (i.e. physical, dietary etc.) please let us know in advance.

-To help you better prepare for the conference handouts will be available online for registrants prior to the conference.

www.soahec.org/cecme.html

8:00 - 8:05 am

Opening/Introductions Registration/Continental Breakfast

Kelly Owens, MPH

Education Specialist

*Southern Kentucky Area Health Education Center (AHEC)
Mt. Vernon, Kentucky*

8:05 - 9:05 pm

Electronic Cigarettes: Hype versus Science

Audrey Darville, PhD, APRN, CTTS

Certified Tobacco Treatment Specialist

University of Kentucky Healthcare - Lexington, Kentucky



Audrey Darville

There's been a significant increase in electronic cigarette (e-cigarette) use in recent years, particularly among kids and teens, as well as smokers looking for an alternative to traditional cigarettes. But lack of basic consumer protection and U.S. Food and Drug Administration (FDA) oversight leaves concerns unanswered about the health and safety of these products. So what do we know? Audrey will debunk the myths about e-cigarettes by sharing the latest scientific findings.

9:05 - 10:05

Treating Nicotine Dependence

Angela Brumley-Shelton, MA, MPH, CTTS

*Community Health Equity and Education Coordinator &
Tobacco Coordinator*

*Lexington-Fayette County Health Department
Lexington, Kentucky*



Angela Brumley-Shelton

Many e-cigarette companies market their product as a tool to help smokers quit. However, the FDA's Center for Drug Evaluation and Research has not approved any e-cigarette as a safe or effective method to help smokers quit. Angela will provide clear and accurate evidence based information regarding the treatment of nicotine dependence.

10:05 - 10:20

Break

10:20 - 11:20

Electronic Smoking Devices: Health Dangers and Policy Considerations

Ellen J. Hahn, PhD, RN, FAAN

*Professor and Director, BREATHE Kentucky Center for
Smoke-free Policy*

University of Kentucky - Lexington, Kentucky



Ellen Hahn

As public spaces increasingly become smoke free, the use of electronic cigarettes has increased. While these devices don't produce smoke, they do expose others to secondhand emissions. Ellen will share the most current research on the health effects of electronic smoking devices and policy recommendations from medical and scientific authorities.

Continuing Education

11:20-12:20pm

e-Cigarettes & Youth Use

Kelly Owens, MPH
Education Specialist
Southern Kentucky Area Health Education Center (AHEC)
Mt. Vernon, Kentucky



Kelly Owens

According to the CDC, 2.4 million middle and high school students were current (past 30 day) users of e-cigarettes in 2014. Most of these devices contain nicotine, may harm brain development and could lead to continued tobacco use among youth. Kelly will share the latest findings from the CDC and recently collected local data.

12:20 - 1:20

Lunch: Networking

1:20 - 1:30

"It's just water vapor:" One community's misconceptions of e-cigarettes

Morgan Bray, BS
Employee Wellness Coordinator
Rockcastle Regional Hospital & Respiratory Cancer Center
Mt. Vernon, Kentucky



Morgan Bray

1:30 - 3:30

Enforcing E-Cigarette Laws in Kentucky

Elizabeth Anderson-Hoagland, MPH
Youth Tobacco Prevention – KY Tobacco Prevention & Cessation Program
Kentucky Department of Public Health – Frankfort, Kentucky



Elizabeth Anderson-Hoagland

What does state law do to address the sale of e-cigarettes to minors? Elizabeth Anderson-Hoagland explains current KY law and the process of enforcement.

What's the Solution? (Tobacco Free Schools)

Elizabeth Anderson-Hoagland, MPH
Youth Tobacco Prevention – Kentucky Tobacco Prevention & Cessation Program
Kentucky Department of Public Health – Frankfort, Kentucky

Providing for the safety of students and developing lifelong learning skills are key components of every school. Is your district doing everything it can to protect youth against the number one cause of preventable death in the United States and Kentucky? Has your school district passed a 100 percent tobacco-free school policy? Elizabeth will describe the Tobacco Free Schools Initiative and share "youth-driven" success stories from our region.

3:30 p.m.

Adjournment/Certificates

Register online at:
www.soahec.org/cecme.html

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www.soahec.org/cecme.html

Advance Registration
Deadline:
March 11, 2016

Cancellation Policy
Please notify us a week
prior to event.

Cost & Information
This is a FREE educational event.

Program Supported
Through Unrestricted
Educational Grants From

Rockcastle Kentucky Agency for
Substance Abuse Policy (KY-ASAP)

Southern Kentucky Area
Health Education Center

Rockcastle Regional Hospital &
Respiratory Care Center

NOTE: At the time of this
printing, a complete listing of
commercial supporters was not
available. Appropriate
acknowledgment will be given to
all supporters at the event.

For additional
information contact:
Anna Jones
(606) 864-1432

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P. O. Box 1915
London, KY 40743

Continuing Education

Physician/Nursing Home Administrator: The Southern Kentucky Area Health Education Center is accredited by the Kentucky Medical Association (KMA) to provide continuing medical education for physicians. The Southern Kentucky Area Health Education Center designates this educational activity for a maximum of six (6) credits) *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PA/FNP: This program has been approved by the Southern Kentucky AHEC for non-physician confirmed attendance for physician assistants and nurse practitioners.

KBN Approval: Rockcastle Regional Hospital, Inc. has been approved as a provider of continuing education by the Kentucky Board of Nursing (KBN). Approval number 4-0059-12-16-97 "Kentucky Board of Nursing approval of an individual nursing education program does not constitute endorsement of program content."

Respiratory: This program has been submitted to the American Association for Respiratory Care for Credit. (Credit Pending)

Radiology: This program has been submitted to the Radiation Control Branch for Credit. (Credit Pending)

Pharmacy: This program has been submitted to KY Board of Pharmacy for Pharmacy Credit. (Credit Pending)

*Partial credit will be given on a per hour basis.
Must complete a written evaluation to be awarded contact hours.
Maximum hours is six hours.*