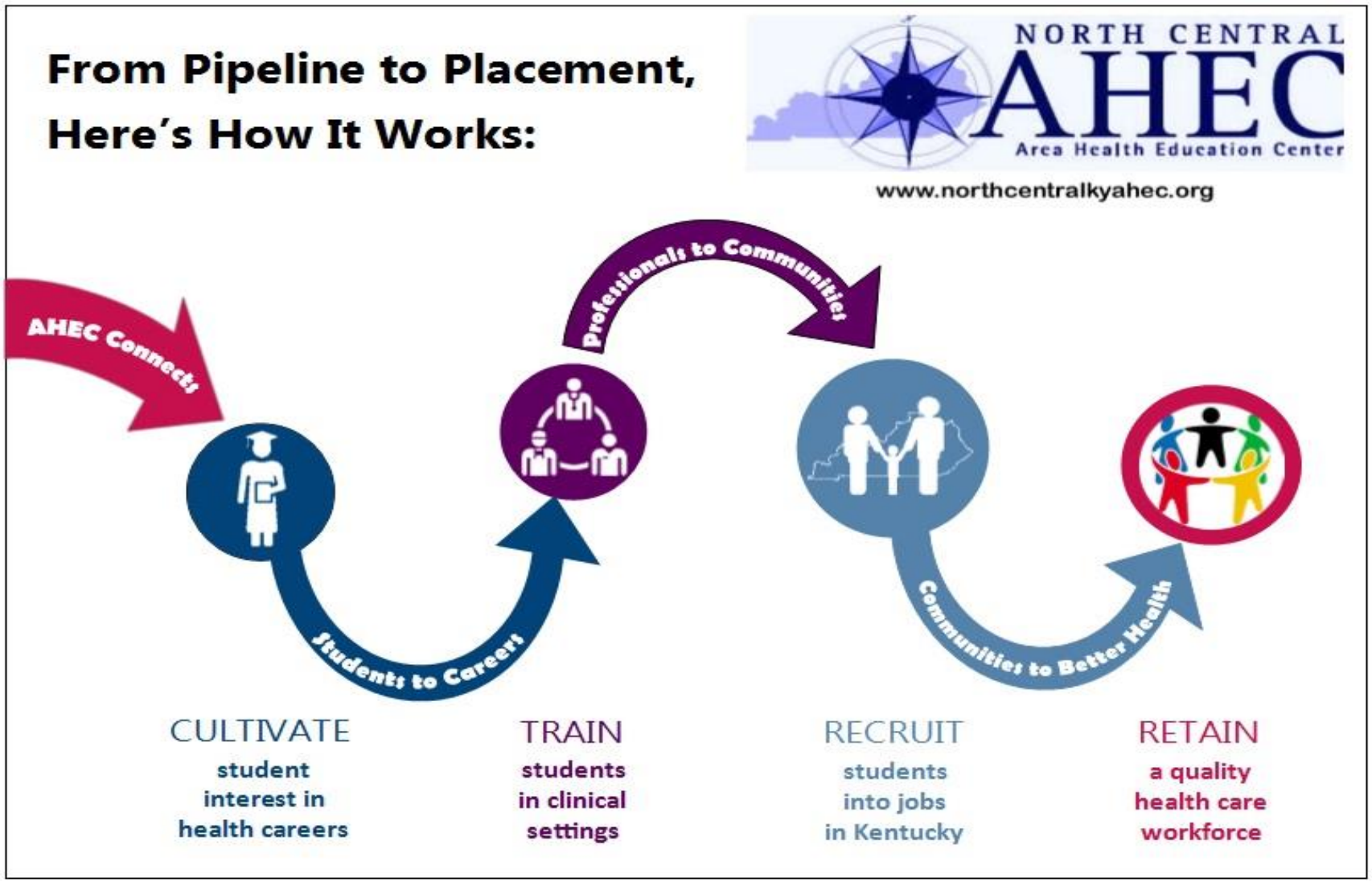
KENTUCKY AHEC: CONNECTING STUDENTS TO HEALTH CAREERS

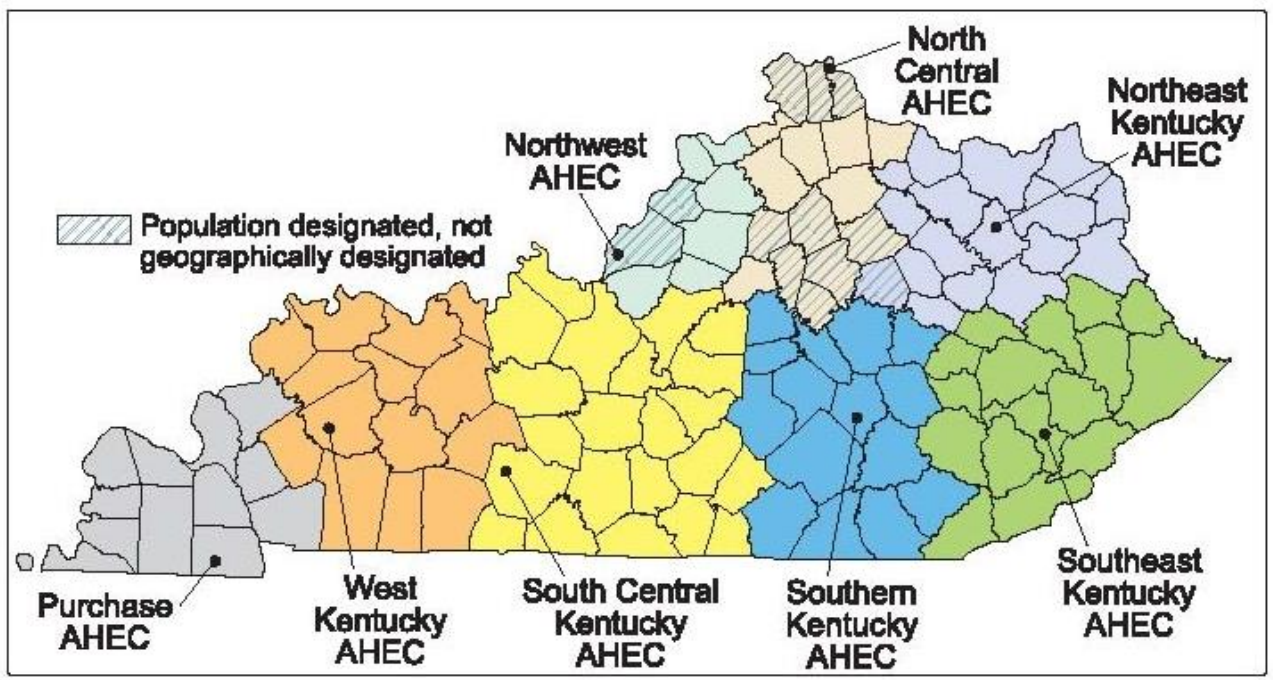
DAVID A. GROSS, MPA; MICHAEL W. GAYHEART, LNHA; ROSE MUELLER; DWAIN HARRIS, MHA

‘WHAT THE HECK’S AN AHEC?’

- Created by Congress in the 1970s to enhance access to quality health care
  - KY AHES (1974-’85)
  - KY AHEC (1985-present)
- Four strategies:
  - Health careers promotion
  - Facilitate clinical rotations
  - Continuing education
  - Community health


From Pipeline to Placement,
Here's How It Works:
NORTH CENTRAL
AHEC
Area Health Education Center
www.northcentralkyahec.org
AHEC Connects
Students to Careers
Professionals to Communities
Communities to Better Health
CULTIVATE
student interest in health careers
TRAIN
students in clinical settings
RECRUIT
students into jobs in Kentucky
RETAIN
a quality health care workforce

KENTUCKY'S REGIONAL AHECS



- Host institutions
- Community/academic educational partnerships (UK, UofL)
- Advisory Boards

FUNDING OVERVIEW

- State (General Fund) and federally (Title VII) funded
  - HRSA: AHEC Scholars program
- In 2006, entered into a contract with the KY CHFS
  - Initially, $150,000 per center per year
  - Had been cut to less than $53,000 per center in FY17
  - Contract not renewed for FY18

SOUTHEAST KENTUCKY AHEC

SUMMER HEALTH CAREER CAMPS – PIPELINE PROGRAM

PRESENTED BY: MICHAEL GAYHEART, DIRECTOR

2 WEEK ENRICHMENT CAMP - HAZARD

- 10th year of camp – began in 2008
- Partnerships with UK Center of Excellence in Rural Health and Hazard ARH Regional Medical Center
- Ranged from 20 – 30 Students
- Rising High School 9th and 10th Graders
- Eligibility for the camp:
  - Attend school in Breathitt, Harlan, Knott, Leslie, Letcher, and Perry counties
  - Minimum 3.0 GPA
  - Letters of Recommendation
  - Competitive Application Process

2 WEEK ENRICHMENT CAMP - HAZARD

- Camp Program/Curriculum Includes:
  - Human Anatomy and Physiology via cadaver lab and cat dissection
  - Live Surgery via Telemedicine
  - Introduction to several career paths such as medicine, physical therapy, nursing, optometry, social work, dentistry, medical lab science, radiography, and pharmacy
  - Research component built in through team based research

2 WEEK ENRICHMENT CAMP - HAZARD

- Camp Program/Curriculum Includes:
  - Trip to the University of Kentucky campus to visit the various health career colleges
  - CPR Certification
  - Job Shadowing
  - Closeout ceremony recognizing each student with a small stipend and certificate of completion

2 WEEK ENRICHMENT CAMP - HAZARD

- Outcomes
  - 250 Completers
  - Each year, Southeast Kentucky AHEC is one of the leading Kentucky AHECs with total number of applicants for the UK AHEC Summer Enrichment Program (rising junior) and Health Researchers Youth Academy (rising senior).
  - Several camp graduates that are practicing a health career; many are practicing in eastern Kentucky.

2 WEEK ENRICHMENT CAMP - HAZARD

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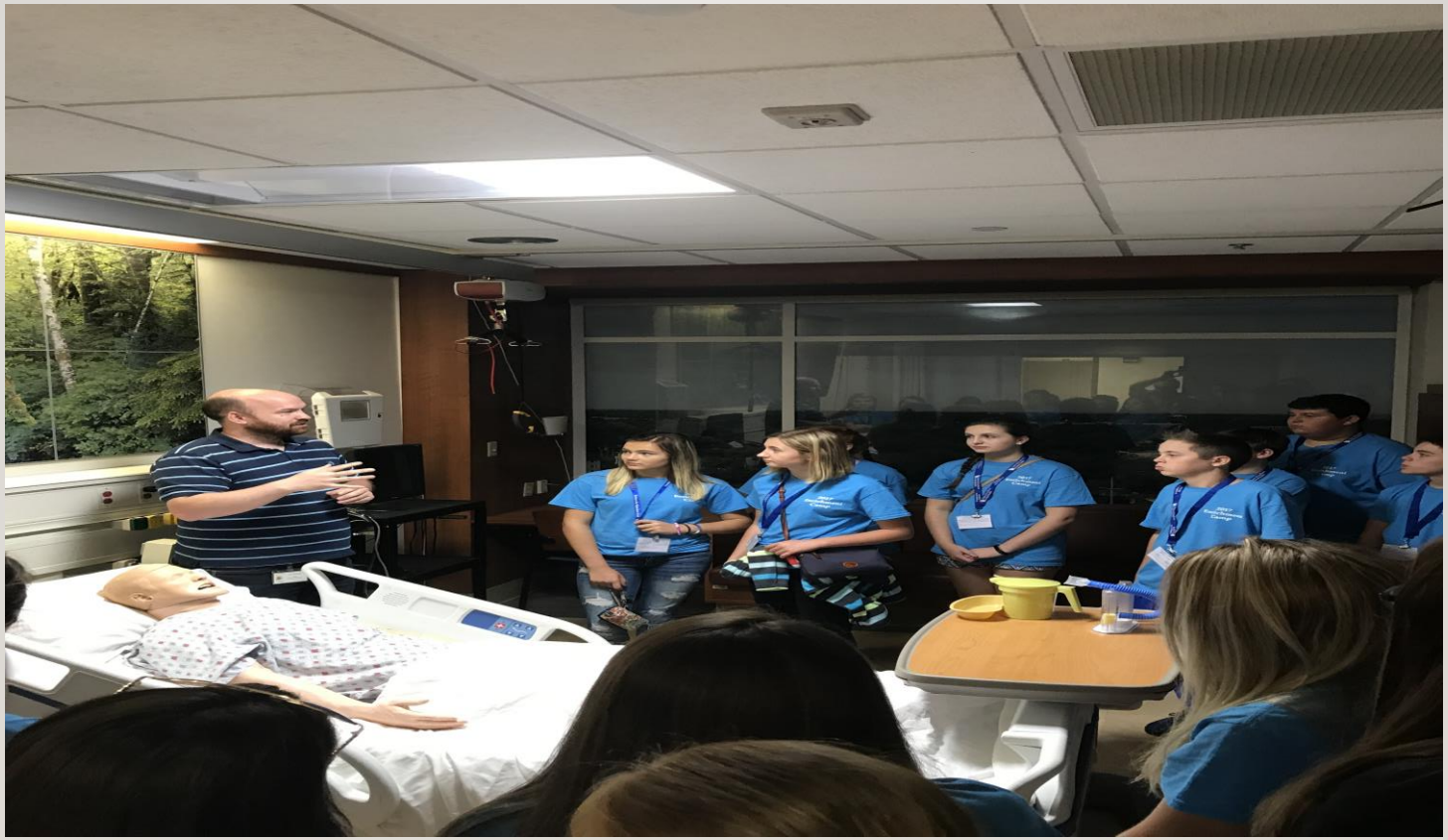
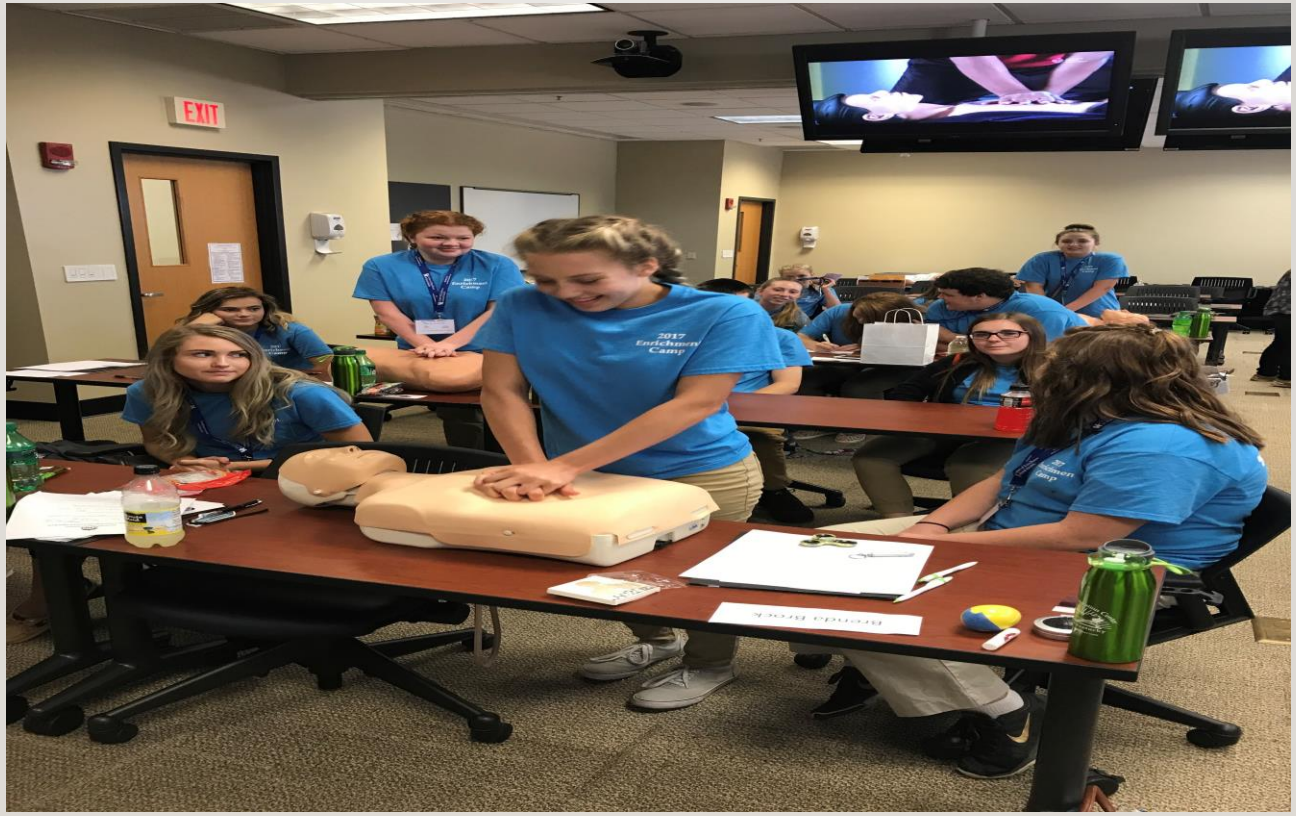
2 WEEK ENRICHMENT CAMP - HAZARD



2 WEEK ENRICHMENT CAMP - HAZARD



2 WEEK ENRICHMENT CAMP - HAZARD

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2 WEEK ENRICHMENT CAMP - HAZARD

SUMMER SCRUBS CAMPS

- 4 Days in Length
- Takes place in a health care setting
- Any high school student that has an interest in a health career
- Perry County @ UK Center for Excellence in Rural Health (Rising 7th and 8th Grades) – Feeds into our Summer Enrichment Camp for rising 9th and 10th Grades)
- Letcher County @ Whitesburg ARH
- Harlan County @ Harlan ARH
- Bell County @ Middlesboro ARH
- Floyd County (2) @ Highlands Regional Medical Center in Prestonsburg and McDowell ARH in McDowell
- These camps also feed into the UK AHEC Summer Camps

Health Career Explorers Program

North Central KY AHEC
Florence, KY

What is the Health Career Explorers Program

- **Explorers is a hands-on, interactive program taking place in area hospitals to allow high school students to learn more about careers in healthcare.**

- **Explorers is an advanced learning experience**

Health Career Explorers

- We began in Northern KY in 2003 and since then over 750 students have completed the program
- In 2016 we expanded our outreach into Cynthiana in rural Harrison County
- First year in Harrison County had 14 students and this year we have 30 students attending

The Partnerships

- North Central Area Health Education Center - AHEC
- St. Elizabeth Healthcare - Edgewood, Florence and Ft. Thomas
- Area high schools in Northern KY
- Harrison Memorial Hospital - Cynthiana
- Harrison County High School
- Harrison County Board of Education

What will the students do?

- Students meet at the hospital one evening a month – October to March.
- Students meet during the school day on one Wednesday a month as part of their health club day
- Each monthly meeting will focus on two or more specific careers.

… continued

- Hospital staff will meet with students and provide an overview of the career, educational requirements, job duties, salary, etc.
- Students will try out medical equipment or tour clinical areas in the hospital
- Students can attempt various procedures using demonstration equipment such as laparoscopic surgical instruments, starting IVs, and giving injections

Benefits to the hospital

- Provides a pool of committed and interested students that could later be utilized as volunteers and future employees
- Gives students more career information to help with decisions for their future professions

Getting Started. . .

- Partner with the HR, marketing, or education department of your local hospital and pinpoint a “contact person”
- Agree on a schedule
- Who will be responsible to set up speakers
- How many students can participate
- Where will students meet each time? Allow yourself 4 - 6 weeks to recruit, select applicants, and prepare for the first orientation meeting
- Create brochure and or application

Orientation Meeting

- Invite Explorers and their parents to attend the meeting
- Discuss the attendance policy, departments to be visited, dress code, and credentialing paperwork
- Check with your contact at the hospital to see if they provide a presentation of HIPAA guidelines

Paperwork

- Explorer Application
- TB Skin Test
- Immunization Certificate
- Parental Permission Form
- Emergency Medical Authorization Form
- Photography Release Agreement
- Confidentiality Agreement
- Small fee for insurance and transportation

Other suggestions and ideas

- Create name badges for each student
- Administer end of program evaluation
- Measure effectiveness using pre and post tests
- Provide students with a certificate to document completion of the program

A picture is worth a thousand words

Surgery – St. Elizabeth Edgewood

Surgery – St. Elizabeth Edgewood

Emergency Services– St. Elizabeth Florence

Physical Therapy – St. Elizabeth Edgewood

Emergency Services– St. Elizabeth Edgewood

Audiology – St. Elizabeth Florence

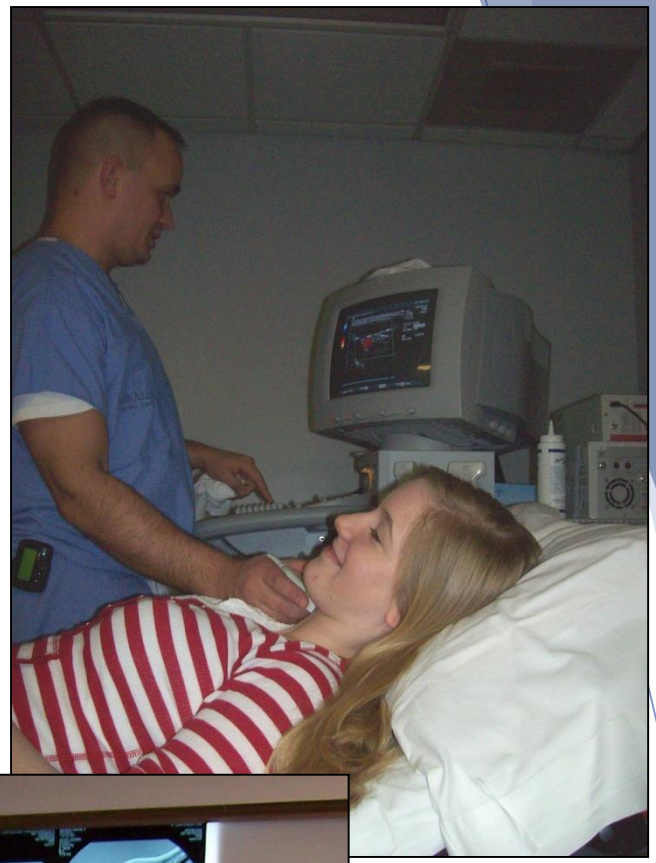
Physical Therapy – St. Elizabeth Edgewood

Clinical Laboratory

Surgery

Sterile Processing

Radiology



Using Data to Guide Rural Physician Pipeline Initiatives

David A. Gross, MPA

2017 KRHA Annual Conference

Bowling Green, KY

Northeast Kentucky
Area Health Education Center

Med school data analysis

- Matriculants/applicants:
  - UK COM (2009-'13) 26/115 = 22.6%
  - UofL SOM (2009-'13) 27/101 = 26.7%
  - UPike KyCOM (2009-'13) 40/95 = 42.1%
  - TOTAL 93/311 = 29.9%

Med school data analysis

- The bad news:
  - Two NE AHEC counties (Menifee and Nicholas) had 0 applications to in-state medical schools from 2009-'13
    - An additional county (Powell) had 0 matriculants
  - From 2009-'13, 12 NE AHEC service counties had four or fewer matriculants to in-state medical schools
  - From 2011-'13, NE AHEC ranked 4th, 5th, and 6th, respectively, among KY's eight regional AHECs for applications to the UK COM

Rural and Appalachian Applications to UK COM by AHEC Region

AHEC	2011	2012	2013
North Central	31	34	38
Northeast	27	19	17
Northwest	18	16	19
Purchase	13	8	12
South	35	33	29
South Central	51	53	38
Southeast	24	18	28
West	16	22	14
Total	**215**	**203**	**195**

Source: Elam, 2013

Health careers pipeline (2013)

Health Careers Promotion

Middle / High School
- In-class programming
- Rural Health Scholars program
- Health Opportunities Workshop

Student Services

Undergraduates
- Notes from Home

Medical School and Residency
- Letters from Home

Continuing Education

Continuing Medical Education (CME)

Accreditation Council for Pharmacy Education (ACPE)

Urban, Rural, and Appalachian Matriculant Average GPA and MCAT

		Urban	Rural	Appalachian
2009	GPA	3.7	3.7	3.7
	Science GPA	3.7	3.7	3.6
	MCAT	31.0	31.8	29.8
2010	GPA	3.7	3.7	3.8
	Science GPA	3.7	3.7	3.8
	MCAT	31.3	30.7	30.1
2011	GPA	3.7	3.7	3.8
	Science GPA	3.6	3.7	3.8
	MCAT	31.0	29.9	29.5
2012	GPA	3.8	3.6	3.7
	Science GPA	3.8	3.6	3.6
	MCAT	31.6	31.4	30.0
2013	GPA	3.6	3.7	3.7
	Science GPA	3.6	3.7	3.6
	MCAT	31.4	31.4	30.0

Source:
Elam, 2013

About STEPS

- Successfully Training and Educating Pre-medical Students: Aimed at producing more – and more competitive – medical school applicants from northeastern Kentucky
- Target juniors (10 per year), primarily from Morehead State University's pre-medicine program
- Kaplan MCAT Prep
  - NE KY AHEC: $1,000 per participant
  - Participants: $300

KAPLAN TEST PREP AND ADMISSIONS

Northeast Kentucky Area Health Education Center

About SHIP

- Summer Health Internship Program:
  - Students are matched geographically and based upon their interests with a host site and mentor to complete a project
  - Targets undergraduate students within our region pursuing any health professions degree
  - Paid internship

History

- 2013: 5 students, 5 host sites, $7.50/hour, 4 weeks
- 2014: 5 students, 5 host sites, $7.50/hour, 6 weeks
- 2015: 11 students, 9 host sites, $7.50/hour, 6 weeks
- 2016: 11 students, 9 host sites, $8.50/hour, 6 weeks
- 2017: 10 students, 10 host sites, $8.50/hour, 6 weeks

Total: 42 students

Host sites

- Critical-access and regional hospitals
- County and district health departments
- Federally qualified health center and MSU's student clinic
- Regional health information organization
- Cooperative extension offices

Barriers

- Funding:
  - 2013: $6,000 grant from Sisters of Notre Dame
  - 2014: Self-funded by NE KY AHEC ($9,000+)
  - 2015: Combination of TENCO and host-site funding
  - 2016: Combination of NE KY AHEC and host-site funding
  - 2017: Combination of NE KY AHEC and host-site funding
- Host sites:
  - Geographical barriers
  - Interests of the students
  - Quality of the projects

Summer Health Internship Program

Women's Health: Cervical Cancer & HPV

Rachael Burrows
Gateway District Health Department
Serving Bath, Menifee, Morgan, & Rowan Counties

GATEWAY District Health Department
P.O. Box 555 Gudgell Ave.
Owingsville, KY 40351

NORTHEAST AHEC

Objective

I will graduate from the University of Kentucky in Fall 2013 with Honors in Biology. I plan to attend medical school in the entering class of 2014. I found a passion in Women's Health early in my clinical experience. During SHIP, I traveled with Jessica Lykins, APRN, to all four Gateway District counties each week. We provided Family Planning services & Breast & Cervical Cancer Screening in this region. This internship has helped me, as a future medical professional, to better understand the needs of my community. I am dedicated to providing the highest quality of care in my future practice as a primary care provider.

Rachael Burrows in the lab at the Rowan County Health Department after a Family Planning Clinic.

My objective is to improve patient outcomes when post-colposcopy results are obtained and regress cervical cancer rates. Patient outcomes may be improved by increasing the awareness of HPV and cervical cancer and promoting evidence-based management of abnormal cervical cytology and histology. This is of concern because Kentucky is among the leaders for cervical cancer incidence rates in the US and cervical cancer is highly preventable.[1]

Appropriate Therapies for Abnormal Cervical Cytology

Abnormal Papanicolaou tests (Pap smears) are a leading healthcare concern for women. A standard approach is needed for managing abnormal cervical cancer screening tests.[2] In 2010, 12,000 women were diagnosed with cervical cancer in the US resulting in 4,000 deaths.[1] Effective prevention, screening, and treatment of HPV infection and abnormal cervical cytology and histology are crucial to decrease the incidence of cervical cancer deaths. Data from 1.4 million women provided evidence of overtreatment of cervical cytology leading to cervical incompetence and a potential for adverse obstetric outcomes.[2]

The prominent cause of cervical cancer is Human Papillomavirus (HPV) infection. HPV is the most common sexually transmitted disease among men and women. The number of HPV infections among teenage girls has been dramatically reduced due to HPV vaccination. Vaccination rates are saving lives even though only 1/3 of girls have been vaccinated in the US. 50,000 girls alive today in the US will develop fatal cervical cancer.[1]

Jessica Lykins, APRN, demonstrating proper use of Nuva Ring for contraception with pelvic model.

Implementation of Evidence-based Practice

The American Society for Colposcopy and Cervical Pathology (ASCCP) has defined appropriate management of cervical cytologic abnormalities. The 2012 updated guidelines for cervical cancer screening recommend longer routine screening intervals. The ASCCP recommends screening initiation at the age of 21. Pap and HPV co-testing are recommended at the age of 30 to regress cervical cancer rates in older women. Post-colposcopy recommendations from the ASCCP suggest longer screening intervals and less invasive treatment modalities.[2] Research has shown that HPV infections are common among young women and 80% of HPV infections resolve within 24 months without intervention.[1]

Vaccination rates have decreased HPV infection in girls by 50% in the past decade.[1] The goal is to improve HPV vaccination rates among men, in addition to women. Updated patient counseling materials will be used to increase awareness of HPV and cervical cancer prevention, screening, & follow-up.

Educational Brochure: Well Woman Counseling

THE PAP SMEAR
is a critical component of your routine health care.

- CERVICAL CELLS are collected to detect abnormal cells from HPV infection. These cellular changes can lead to cancer.
- There are multiple types of ABNORMAL CELLS: [3]
  - Atypical squamous cells of undetermined significance (ASC-US) or inflammation
  - Low-grade squamous intraepithelial lesions (LSIL) or mild dysplasia
  - High-grade squamous intraepithelial lesions (HSIL) or moderate to severe dysplasia
  - Cervical cancer

Abnormal cells can be viewed during a COLPOSCOPY to determine the severity of dysplasia. Your cervix is viewed with a specialized microscope and a solution is swabbed on your cervix to show abnormal cells. A biopsy may be taken for further testing. You and your provider will make a plan for follow-up.

BE INFORMED!
Research shows that **Pap** exams every 3 years can prevent cervical cancer in healthy patients.
Many *HPV* infections will resolve on their own and additional procedures are not necessary. Over treatment can weaken the cervix and lead to preterm delivery.

See your provider for a WELL WOMAN visit each year.

Genital warts and cervical cancer from HPV are highly preventable. [3]
- Receive the HPV vaccination
- Do not have sex until you are over age 18 or married
- Use condoms during sex
- Follow your provider's recommendations for Pap Testing
- Avoid Smoking

For more information:
www.asccp.org [1] www.gardasil.com [2]
www.cdc.gov [3] www.cancer.gov [4]
www.austinregionalclinic.com [5]

NORTHEAST AHEC
GATEWAY District Health Department
(606) 674-6395 www.gdhd.org

YOUR PAP TEST

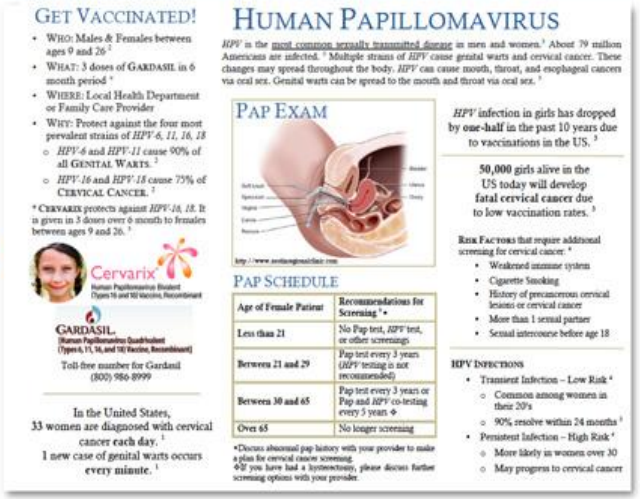
50% of sexually active people have genital *HPV* at some time in their lives. [3]

CERVICAL CANCER PREVENTION SCREENING & FOLLOW-UP

Annual Well Women exams are provided by the Gateway District Health Departments to women based on a sliding scale fee at little to no cost. Family Planning services are given to women of reproductive age in addition to STD counseling. All women are routinely screened for Breast and Cervical Cancer. Pap exam counseling materials were outdated and lacking critical information regarding HPV vaccination and 2012 updated guidelines for management of abnormal cervical cytology and histology from the ASCCP.

This brochure will be made available for all Family Planning services at Gateway District Health Departments. The goal is to provide current information to improve patient outcomes and inform the community on how they can protect themselves from cervical and other cancers caused by HPV.

Educational Brochure: Well Woman Counseling



GET VACCINATED!

- WHO: Males & Females between ages 9 and 26 [1]
- WHAT: 3 doses of GARDASIL in 6 month period [1]
- WHERE: Local Health Department or Family Care Provider
- WHY: Protect against the four most prevalent strains of *HPV-6, 11, 16, 18*
  - *HPV-6* and *HPV-11* cause 90% of all GENITAL WARTS. [2]
  - *HPV-16* and *HPV-18* cause 75% of CERVICAL CANCER. [2]

* CERVARIX protects against *HPV-16, 18*. It is given in 3 doses over 6 month to females between ages 9 and 26. [1]

Cervarix
Human Papillomavirus Bivalent (Types 16 and 18) Vaccine, Recombinant

GARDASIL
Human Papillomavirus Quadrivalent (Types 6, 11, 16, and 18) Vaccine, Recombinant)

Toll-free number for Gardasil (800) 986-8999

In the United States, 33 women are diagnosed with cervical cancer **each day**. 1 new case of genital warts occurs **every minute**. [1]

HUMAN PAPILLOMAVIRUS

HPV is the most common sexually transmitted disease in men and women. [1] About 79 million Americans are infected. [2] Multiple strains of *HPV* cause genital warts and cervical cancer. These changes may spread throughout the body. *HPV* can cause mouth, throat, and esophageal cancers via oral sex. Genital warts can be spread to the mouth and throat via oral sex. [2]

PAP EXAM

HPV infection in girls has dropped by **one-half** in the past 10 years due to vaccinations in the US. [3]

50,000 girls alive in the US today will develop **fatal cervical cancer** due to low vaccination rates. [3]

RISK FACTORS that require additional screening for cervical cancer: [4]
- Weakened immune system
- Cigarette Smoking
- History of precancerous cervical lesions or cervical cancer
- More than 1 sexual partner
- Sexual intercourse before age 18

PAP SCHEDULE

Age of Female Patient	Recommendations for Screening * •
Less than 21	No Pap test, *HPV* test, or other screening)
Between 21 and 29	Pap test every 3 years (*HPV* testing is not recommended)
Between 30 and 65	Pap test every 3 years or Pap and *HPV* co-testing every 5 years ◆
Over 65	No longer screening

*Discuss abnormal pap history with your provider to make a plan for cervical cancer screening.
◆If you have had a hysterectomy, please discuss further screening options with your provider.

HPV INFECTIONS
- Transient Infection – Low Risk [4]
  - Common among women in their 20's
  - 90% resolve within 24 months [1]
- Persistent Infection – High Risk [4]
  - More likely in women over 30
  - May progress to cervical cancer

Jessica Lykins, APRN, and Rachael Burrows review Abnormal Pap materials for patient counseling in the Bath County Health Department lab.

References & Acknowledgements

[1] United States Centers for Disease Control and Prevention.
[2] American Society for Colposcopy and Cervical Pathology (2013). 2012 Updated consensus guidelines for the management of abnormal cervical cancer screening tests and cancer precursors. *Journal of Lower Genital Tract Disease, 17*(5), S1-S27.

UK KENTUCKY
Sisters of Notre Dame

SHIP testimonials

"It was a very educational and rewarding program. I made connections and met people that I never imagined I would have the opportunity to meet. I feel like the internship will help advance my career as a hopeful physician and I would recommend the program to anyone serious about health care."

2016 SHIP intern

"This is a wonderful program. It helps local agencies plus gives students in our area experience in areas they may not ever practice. It also provides financial support to help them in an area where there is much need. Our students need all the support they can get to make it in their chosen field. It also helps with social linkages for the future. The AHEC staff are wonderful to work with, too. Good bunch of people."

2016 SHIP mentor

SHIP outcomes

- Five cohorts have completed SHIP, with a total of 42 participants (five each in 2013 and 2014; 11 each in 2015 and 2016; and 10 in 2017).
  - Increasing number of applicants each year: five in 2013; eight in 2014; 21 in 2015; 26 in 2016; 39 in 2017.
- Of those 42 participants, approximately 12 have matriculated to or been accepted by a KY medical school.

Programs' combined effect

- Each of the six students who participated in both SHIP and STEPS have matriculated to or been accepted by a Kentucky medical school.

Table 1. Northeast Kentucky AHEC Service Counties' In-State Medical School Application and Matriculation Data, by County (2009-2016)

	2009-2013 (prior to SHIP and STEPS)			2014-2016 (with SHIP and STEPS)		
County	Number of applicants	Number of matriculants	Success rate	Number of applicants	Number of matriculants	Success rate (%)
Bath	*	*	NR	6	*	NR
Boyd	60	18	30.0%	33	10	30.0%
Carter	27	9	33.3%	22	*	NR
Clark	22	8	36.4%	20	6	30.0%
Elliott	7	*	NR	*	*	NR
Fleming	6	*	NR	7	*	NR
Greenup	85	24	28.2%	41	12	29.3%
Lawrence	17	*	NR	*	*	NR
Lewis	6	*	NR	*	*	NR
Mason	15	*	NR	12	*	NR
Menifee	0	0	0.0%	0	0	0.0%
Montgomery	7	*	NR	19	*	NR
Morgan	12	*	NR	7	*	NR
Nicholas	0	0	0.0%	0	0	0.0%
Powell	*	0	0.0%	*	*	NR
Robertson	*	*	NR	*	0	NR
Rowan	39	13	33.3%	27	13	48.1%
TOTALS	**311**	**93**	**29.9%**	**210**	**67**	**31.9%**

** Denotes values of one to five applicants or matriculants, which our institutional review board required to be suppressed in order to protect students' confidentiality*
NR = Not reportable

Source: Authors' analysis of data provided by the University of Kentucky College of Medicine and University of Louisville School of Medicine's admissions offices and the University of Pikeville's Office of Institutional Research and Effectiveness

Table 2. Northeast Kentucky AHEC Service Counties' Application and Matriculation Data, by In-state Medical School (2009-2016)

	2009-2013 (prior to SHIP and STEPS)			2014-2016 (with SHIP and STEPS)		
Medical school	Avg. # of applicants	Avg. # of matriculants	Success rate	Avg. # of applicants	Avg. # of matriculants	Success rate (%)
UK COM	23	5.2	22.6%	26	9.6	37.3%
UofL SOM	20.2	5.4	26.7%	24.3	4.7	19.3%
UP-KyCOM	19	8	42.1%	19.7	8	40.6%
Annual means and cumulative success rates	**62.2**	**18.6**	**29.9%**	**70**	**22.3**	**31.9%**

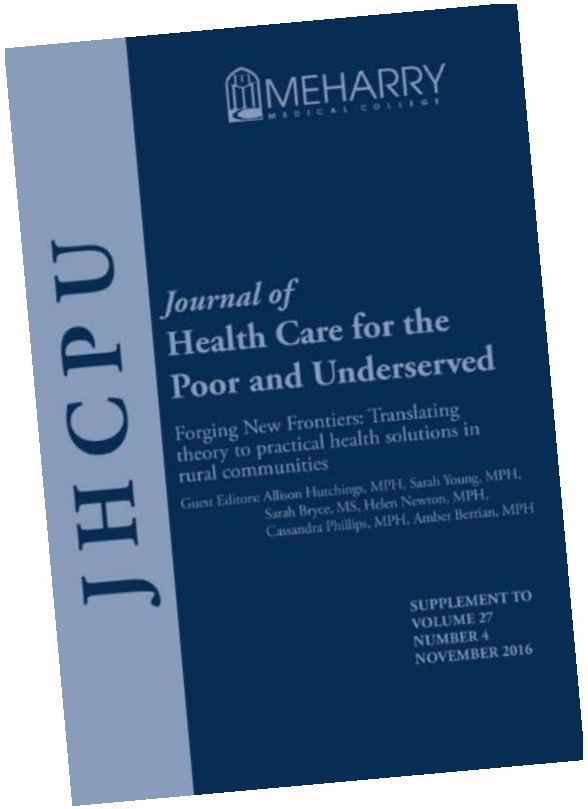
UK COM = University of Kentucky College of Medicine; UofL SOM = University of Louisville School of Medicine; UP-KyCOM = the University of Pikeville-Kentucky College of Osteopathic Medicine

Source: Authors' analysis of data provided by the UK COM and UofL SOM admissions offices and the University of Pikeville's Office of Institutional Research and Effectiveness

Med school data analysis

- Matriculants/applicants:
  - 2009-’13 (annual avg.) 18.6/62.2 = 29.9%
  - 2014 21/61 = 34.4%
  - 2015 24/79 = 30.3%
  - 2016 22/70 = 31.4%

For more information



- Gross DA, Mattox LC, Winkleman N. Priming the physician pipeline: A Regional AHEC's use of in-state medical school data to guide its health careers programming. *Journal of Health Care for the Poor and Underserved*. 2016;27(4A):8-18.
- Kentucky Primary Care Office requested a STEPS replication funding proposal.
- Potential for even stronger results going forward.

Northeast Kentucky
Area Health Education Center

Southern KY AHEC's

FUTURE DOCS

Pre-med Prep Program

Purpose:

FutureDocs connects pre-med students in the Southern KY AHEC region with education, resources and networking in an effort to enhance their chances of gaining medical school admission.

- Funding most of Princeton Review MCAT prep course *(students pay $400.00)*
- MCAT study guides
- Supplying a hard copy of the AMCAS instruction manual
- On-line interview modules with Dr. Ryan Gray from Med School Headquarters
- Mock MCAT test day
- Critique of personal statements by AHEC staff, Rockcastle Hospital physicians
- Speakers, including physicians, medical students and medical school representatives

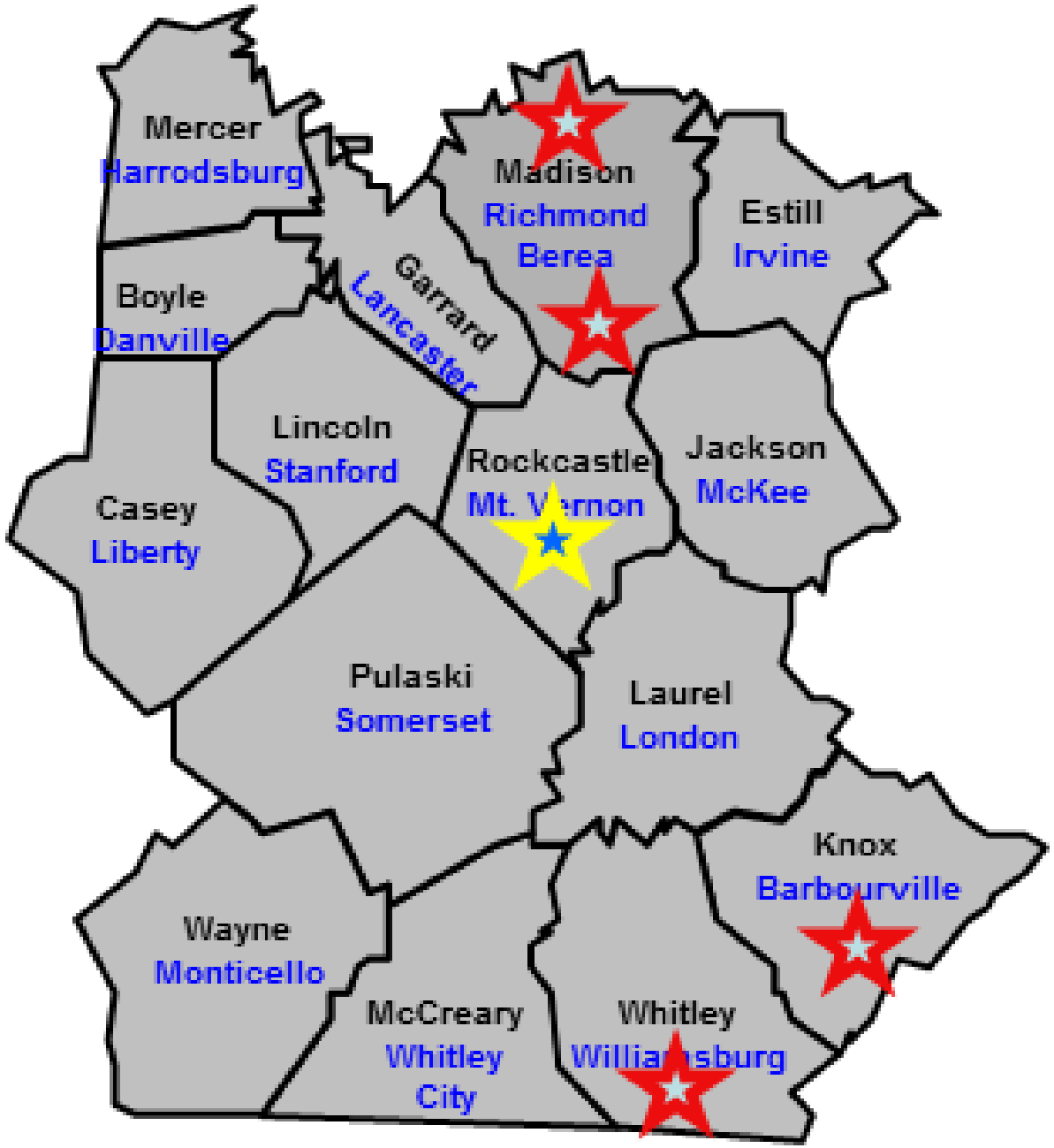
Time frame:

January – April

- Two in-person meetings
- Four phone conferences

Partner institutions

- Berea College
- Eastern KY University
- University of the Cumberlands
- Union College


Mercer
Harrodsburg
Madison
Richmond
Berea
Estill
Irvine
Boyle
Danville
Garrard
Lancaster
Lincoln
Stanford
Rockcastle
Mt. Vernon
Jackson
McKee
Casey
Liberty
Pulaski
Somerset
Laurel
London
Knox
Barbourville
Wayne
Monticello
McCreary
Whitley
City
Whitley
Williamsburg

Southern KY AHEC's FUTURE DOCS Pre-med Prep Program

Class of 2016

Class of 2016

3 of 6 are in medical school:

- Marshall University, the Joan C. Edwards School of Medicine
- West Virginia School of Osteopathic Medicine
- Texas Southwestern

One is doing graduate research at UK

One has decided to pursue PA school

Class of 2017

Took MCAT in Sept.

Logan Lynn
Union College

Taking MCAT this Spring

Rebekah Ponder
Berea College

In interview process

Catrina White
EKU

Class of 2017 cont.

Cody Sutphin, EKU,
has been accepted into UPike

Shelby Blanton, EKU,
has been accepted into UPike

Dylan Fugate, EKU,
has been accepted into LMU

Evaluation comments

- “Mock interviews were great.”
- “Princeton Review was really helpful, especially the practice exams”
- “Enjoyed the medical school admissions meeting and Dr. Oliver’s talk.”
- “The personal essay advice was most useful.”
- “This program helped so much, I would not be in the position I am for medical school without it.”
- “This program opened my eyes to rural medicine.”
- “I feel the urge to ‘give back’ after this program.”
- “It’s been great to meet medical school administrators and students. It has given me a sense of what it takes to be accepted and be successful in medical school.”

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